



IOCC®

INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES

SoCal Step Up! Walk-a-thon — 5k (3.1 Miles) —

ALL PROCEEDS TO BENEFIT IOCC



DATE: Saturday, Oct. 31, 2009
Check-In: 10:00 AM
Walk Begins: 10:45 AM
Lunch: 11:45 AM

LOCATION: The Rose Bowl
(Parking Lot B)

ENTRY FEE: \$25 (Includes T-Shirt
and IN-N-OUT Lunch)

CONTACTS: Nicolas Nicolaou
Home (714) 280-1310
Cell (714) 458-4508

Lisa Xanthos
Cell (626) 445-6645

NO COSTUMES PLEASE.

Register at: www.iocc.org/stepup or

Detach and complete form below. Please make checks payable to International Orthodox Christian Charities (IOCC)

Name: _____

Address: _____

Phone: _____ Age on Race Day: _____

Waiver : In consideration of the acceptance of my entry, I, intending to be legally bound, do hereby myself, my heirs and my assigns, waive any and all claims I or any below named minor may have against any of the Orthodox Churches of the greater SoCal area and IOCC or any event sponsor, or any city or public entity or agent for any and all injuries suffered by me, while traveling to, from and/or participating in the IOCC Walkathon and hereby state that I assume and all risk inherent in same I further state that I am in good physical condition to participate in this event.

Signature: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____
(if under 18 years of age)

T-Shirt Size: S M L XL XXL Child Adult

Yes, I would like to save IOCC money and help preserve the environment. Please e-mail my tax receipt electronically to _____.

To guarantee a t-shirt, please return completed registration form to your IOCC parish representative or mail it to the address below by 10/09/09.



OC Metropolitan Committee
7965 E. Monte Carlo Ave.
Anaheim, CA 92808